

Efforts to Increase Access to Health Insurance: An Overview of State Activities

Presentation to the Washington State Blue Ribbon Commission on Health Care Costs and Access

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State Coverage Initiatives (SCI)

- An Initiative of the Robert Wood Johnson Foundation
- Direct technical assistance to states
 - State specific help, research on state policy makers' questions
 - Convening state officials
 - Web site: http://statecoverage.net
 - Publications
- Grant funding

Drivers of State Health Reform Efforts

- Increasing uninsured
 - Declines in employer sponsored insurance
 - Increase in public coverage offsets what would be larger increase in uninsured
- Health insurance is increasingly unaffordable to working families
- Some states beginning to emerge from fiscal crisis
- Lack of national consensus



Coverage Strategies Focus on Common Problems

Problem

- Nationally, 99% of large firms offer, but only 42% of small firms
- ■8 out of 10 uninsured from working families
- Poor are twice as likely to be uninsured

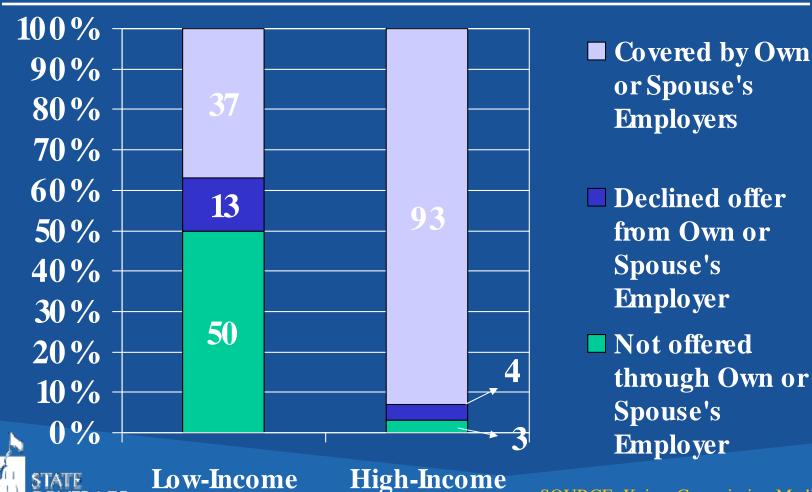
Strategy

- Public-private partnerships, many focus on small business
- Medicaid and SCHIP options attractive because of federal matching funds



For low-income working uninsured, problem is both "offer" and "take-up"

Workers



Workers

SOURCE: Kaiser Commission Medicaid and Uninsured, Key Facts, December 2003

Common Reactions to Recent State Reforms

- New idea, still in a honeymoon period
 - Sense of possibility/Don't want to be left behind
- Maybe this works for that State, but we are different
- New ideas tested (maybe parts of a larger strategy)
 spark other ideas and creative approaches
- Fear of over-reaching sustainability of initiatives
- Importance of on-going coalition of support



Different Strategies to Coverage

- 1. Comprehensive approaches
- 2. Covering children
- 3. Making new insurance options more affordable for low-income working uninsured
- 4. Medicaid Strategies



Comprehensive Efforts

Massachusetts Health Care Reform

- Individual mandate for those that can afford
- Employer (>10) Fair Share Assessment \$295/FTE
- Employer (>10) Free Rider Surcharge
- All employers must offer Section 125 (cafeteria) plans
- Commonwealth Health Insurance Connector
- Market reforms merging small group market and individual market
- Commonwealth Care Health Insurance (begins 3/07)
 - Sliding scale subsidies < 300% FPL
 - Medicaid expansion
- Health Safety Net Fund

Massachusetts Connector

- Providing small businesses, sole-proprietors, and individuals w/out access to ESI more choices
- Increasing adoption of pre-tax premium payment options by small business (Section 125 plans)
- Allowing portability for consumer
- Connector is the exclusive administrator of Commonwealth Care premium assistance
- Commonwealth Care plans offered exclusively through Medicaid MCOs for first 3 years (subsidized product)



Commonwealth Care

- Premium assistance up to 300% FPL (\$60K/family 4)
 - Zero premiums for individuals under 100% FPL
 - Premiums increase on sliding scale with income
 - No deductibles permitted for low-income
- Key Assumptions:
 - Anticipate 200,000 to be eligible
 - \$300 pmpm for individuals
 - Average state subsidy will be between 80-85% of monthly premiums



Massachusetts Individual Mandate

- Individual mandate for all those who can afford key implementation question is defining "affordability"
- Statewide enrollment in Commonwealth Care begins March 2007
- Beginning July 1, 2007 all Massachusetts residents will be required to have health insurance
- Enforcement
 - Indicate insurance policy number on state tax return
 - Loss of personal tax exemption for tax year 2007
 - Fine for each month w/out insurance = 50% of affordable insurance product for tax year 2008



Massachusetts Employer Mandates

- Fair Share Assessment for employers (>10 workers), \$295/FTE
- Free Rider Surcharge for employers (>10 workers)
 with uninsured workers with uncompensated care
- All employers must offer a section 125 (cafeteria) plan
 - Not a requirement for employer to pay for insurance
 - Allows employees to buy insurance with pre-tax dollars



Massachusetts: Insurance Market Reforms

Existing Market

Dysfunctional individual market

Limited take-up of HSAs

"Any willing provider"

Bad value for younger adults

No consequence for lifestyle choices

Hard cut-offs for dependent status

Growing list of mandatory benefits

Optional, smaller risk pools

Reformed Market

Individual/small market merger

More products with HSAs

Value-driven networks

19-26 year-old market

Tobacco usage is a rating factor

More flexible up to 25 years-old

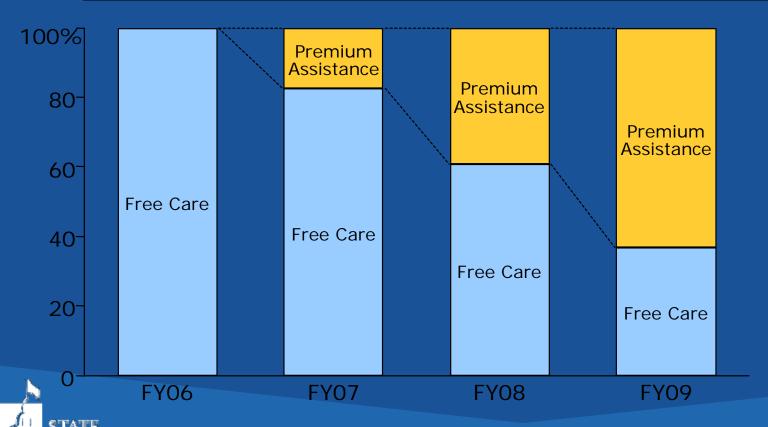
Two year moratorium

Mandatory, larger risk pools



Redeploying existing funding makes the program financially sustainable

Ratio of Premium Assistance to "Free Care" - FY06-09



Source: Lischko, A. *Massachusetts Healthcare Reform*. Slides presented at SCI's Summer Workshop for State Officials, Chicago, IL. August 2006.

Massachusetts – transferability of reforms

- Different segments of the uninsured require different solutions
- Insurance connector
- Market Changes
 - Impact of merging individual and small group market
 - Raising age of dependents up to 25
- Employer requirements such as requirement to set up pre-tax plans (section 125)
- Benefit designs
- Individual mandate key interest for many states, but difficult for most states to address affordability without significant funding

Vermont Reforms

- Catamount Health new affordable comprehensive product for uninsured
 - Sliding scale premiums up < 300% FPL
 - Funding from \$365/FTE employer assessment,
 cigarette tax and individual premiums (possibly federal matching funds)
- Premium Assistance for uninsured <300% FPL who have access to employer sponsored insurance
- Cost containment that focuses on chronic disease prevention

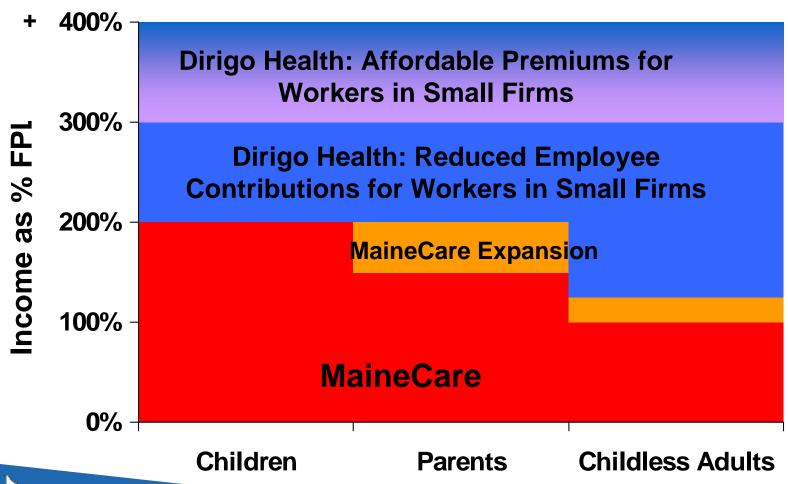


Vermont – Potential Lessons

- Cost containment efforts that focus on chronic disease prevention
- Catamount Health
 - Enrollment experience
 - Funding sources



Maine's Dirigo and MaineCare Eligibility





Maine's Experience

- 8,700 individuals enrolled (November 2005)
- \$43.7 million in savings
 - \$33.7 million hospital voluntary measures
 - \$2.7 million avoided bad debt and charity care
 - \$7.3 million provider fee initiative
- Assessing full Savings Offset Payment (\$44 million) to continue Dirigo Health, including \$7 million for MaineCare Expansion
 - lifts waiting list for individuals and sole proprietors



Maine - Potential Lessons

- Financing challenge of using savings to finance expansion
- Challenge of building and maintaining a consensus



Expansions for Children

Illinois AllKids

- Previous recent expansions
 - Coverage for Children expanded from 185% to 200% FPL
 - Phased in coverage for parents from 49% to 133% FPL (waiver allows 185%)
 - KidCare rebate premium assistance program
- AllKids expansion (July 2006)
 - All uninsured children eligible
 - \$45 million estimated cost to be financed through savings from shift to a primary care case management model (PCCM)
- Other States also proposing: NM, OR, WA, WI



Make Insurance More Affordable

Efforts to Make Insurance More Affordable

- Building purchasing power
- Limited benefits
- Consumer directed health care
- Medicaid Strategies



Building Purchasing Power

West Virginia Small Business Plan: Uses State Purchasing Power to Lower Premium

- Initiative addresses the "volume" needed to get purchasing power for small employers
- Allows carriers to access State Employees'
 reimbursement rates → reduce premiums by 20 25%
- Eligibility: Firms w/2-50 employees
- Minimum employer contribution of 50%; 75% of eligible employees must participate



Purchasing Pools

- Mixed results: improves plan choice in small firms and has increased coverage, but enrollment has generally been low
- Have not generated significant administrative savings or price discounts to date
- Adverse selection problems
- States continue to express interest in this option



Arizona HealthCare Group: Contracting Power

- Open to small business and sole proprietors who have been without health insurance for 6 months
- State subsidy ended July 2005, program now funded by premiums
- Managed by AHCCCS, coverage provided by private health plans (mostly Medicaid MCOs)
- Recent enrollment growth may provide lessons for other states
 - Current enrollment over 20,000 up from about 10,000 in '04 (92% enrollment groups <3)
 - Need data to understand what is driving growth and overall program impact

Healthy New York lowers premiums for small businesses and uninsured workers

- 20% of people account for 80% of health spending
- State subsidizes costs for high cost enrollees with the goal of lowering premiums for all
- State requires all HMOs to offer product
- Some benefits excluded (MH/SA)
- Small firms w/ low-wage workers, low income self-employed, uninsured workers w/o access to employer sponsored insurance may enroll

Healthy New York Reinsurance Subsidy

Carrier 100%

State Reinsurance Fund 90%
Carrier 10%

Carrier 10%

\$ 0 \$5,000 \$75,000

- Estimated savings of 50% for individuals
- Over 110,000 enrolled (1/06)
 - Most enrollment is non-group
- State Reinsurance Fund spent \$13.3 million in 2003 and \$34.5 million in 2004

Healthy New York - Potential Lessons

- "Product" vs "Program"
- Perceived efficiency and value of program
- Getting participation requires long-term partnership to build trust that coverage will continue to be there
- Challenge mostly individuals vs. small groups
- Market oversight key feature to assure State Reinsurance contributions result in lower premiums



Limited Benefit Products

Value of Limited Benefit Plans is Matter of Debate

- At least 13 states have passed limited benefit legislation, 2 states passed new laws in 2005
- Responds to criticism that too many mandates are increasing costs; however, savings from eliminating mandated benefits not sufficient to increase take-up rates
- New coverage for currently uninsured or crowd-out those who have comprehensive health insurance?
- Opponents: Illusory cost-savings increased uncompensated care for providers
- Continued use of safety-net by beneficiaries
- Report by Commonwealth Fund cites increased health / financial risks for consumers who have less benefits or substantial increases in deductibles



Medicaid Strategies

Medicaid Coverage for Low-income Workers

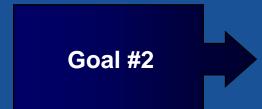
- New insurance products for small firms with lowwage workers
- Employers, individual and Medicaid pay premium
 - New Mexico open to uninsured adults <200% FPL, individuals may pay employer contribution
 - Oklahoma covers workers and spouses <185% FPL who work for small firms; program begins with voucher; safety-net option will be provided for workers with employers unwilling to participate
 - Arkansas recently received waiver to offer limited benefit product to small firms, Medicaid funding will be available for low-wage workers (<200% FPL)



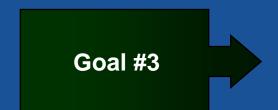
Goal of New Mexico's State Coverage Insurance (SCI) Program



 Address New Mexico's high rate of uninsured and low rate of employer sponsored health care



Create a public/private partnership

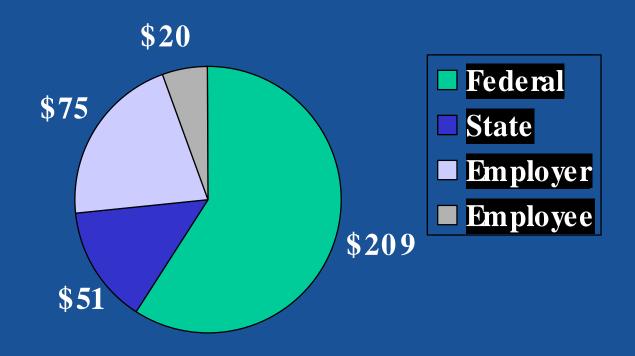


 Offer affordable health care coverage to low-income working adults through an employer-based system



New Mexico Human Services Department

New Mexico's State Coverage Insurance, Contributions to Premium





\$355 estimate per person

New Mexico: Cost Sharing Provisions Designed To Encourage Access

Sliding Scale Co-Pays		
0-100% FPL	101-150% FPL	151-200% FPL
Most co-pays \$0,Inpatient stay - \$0per admission	➤ Most co-pays \$5, Inpatient stay - \$25 per admission	Most co-pays \$7,Inpatient stay - \$30per admission

- RX \$3 per prescription maximum monthly Rx co-pay \$12
- Cost Sharing Maximum limited to 5% countable household income



New Mexico: Benefit Design

- \$100,000 benefit year maximum on services
- Out-of-pocket limits: 5% of annual countable income
- Specialist covered (except vision screening, eyeglasses & podiatry except for diabetic patients)
- MH/SA: Limited to 42 days/year combined
- RX: Generic \$3; Brand Formulary \$3; Non-Brand Formulary not covered
- Exclusions: Acupuncture; Massage Therapy; Chiropractic; Hearing Aids; Case management; skilled nursing facility; pulmonary rehabilitation; inpatient substance abuse (unless for detox); hospice; cancer clinic trials; smoking cessation; TMJ
- Transplants included in \$100,000 benefit year maximum



Oklahoma Employer/Employee Partnership for Insurance Coverage

- HIFA Waiver, tobacco tax financing
- Goal to cover 70,000 uninsured workers
- Open to workers and spouses under 185% FPL who work for small employers and those "seeking" work
- Voucher for small businesses to provide coverage
 - Employer pays 25%; employee pays 15%; state & federal funds 60%
- All products available in small group market meet the eligibility requirements
- Safety-net option for workers with employers unwilling to participate



Arkansas's New Federal Waiver (1)

- Private sector plan for small businesses with <500 employees (but really targeted to <50)
- 100% of employees must be covered (unless offer proof they have more comprehensive coverage): condition of employment
- Only small employers that have not offered health insurance during the preceding 12 months may qualify
- "Safety Net" benefit plan (encounter cap):
 - six clinician visits
 - seven hospital days
 - two outpatient procedures/ER visits per year
 - two Rx per month
 - No catastrophic coverage

Arkansas's New Federal Waiver (2)

- Premiums comes from employee/employer; State tobacco settlement funds; and federal match of State funds will be substantially less than market rates.
- Subsidized for employees <200% FPL but employees with higher incomes can participate no subsidy.
- Competitive RFP process will choose one or more private sector health insurance companies - Summer 2006
- Potential enrollment: first year capped at 15,000;
 envisioned up to 80,000 Arkansans

Potential Lessons

- Rethinking traditional Medicaid "premium assistance" model
 - Rather than buying uninsured into employersponsored insurance, creating new products for employers to offer to low wage workers
- Using federal Medicaid funds to support non-traditional Medicaid population – low – wage workers



Medicaid's Changing Role and Impact of Deficit Reduction Act

- Covering different population, sometimes higher income groups
- Increased cost-sharing
- Changing benefit designs
- Consumer Responsibility
- Role in expanding coverage to uninsured



Concluding Thoughts – States Leading Reforms

- Progress to be made by states
 - Testing new ideas (politically and practically)
 - Creating momentum for national policy solution
- How do we define success?
 - Right size expectations for what any one state can achieve
 - Role for ambitious goals, but also need a reality check
 - Challenge of incremental reforms is making them seamless
- Fully addressing problem of uninsured likely to need comprehensive national solution